

## 17. Nothing but the Target



*Can you name the person in the pictures?*

Rajyavardhan Singh Rathore, a 34 year old armyman finished second in the men's double trap shooting event on Tuesday, the 17 August 2004 in the 28<sup>th</sup> Olympic games in Athens. This was India's first individual silver medal in Olympic history in shooting event . Lets read what he said after he won the medal.



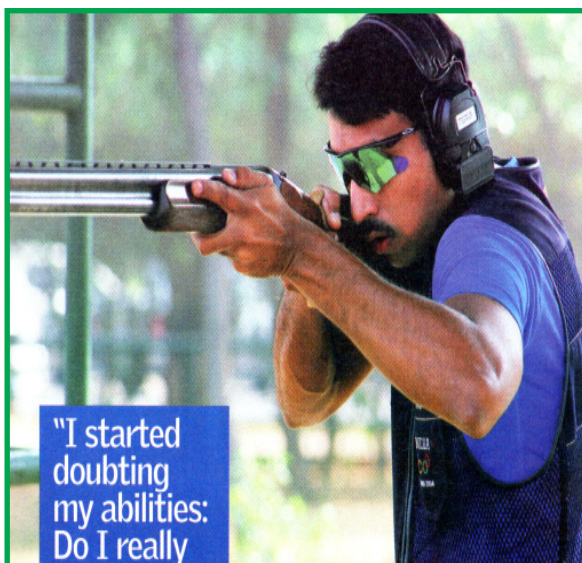
### *Feelings while receiving the medals*

*It felt absolutely great.*

*It certainly feels good to win a medal for the country. And that makes it even more good because the country feels proud.*

### *Feelings while draped in country's flag at the presentation*

*It was a sense of relief that I was able to accomplish something for the country. And the flags, I wanted something close to the symbol which represents the country. So the flag was the best thing, and I just wanted to wrap it around myself.*



### Preparations in the last few days

There was a mix of everything. There has to be a healthy balance. Whenever I felt that I was getting anxious, I would relax, crack a joke or talk to somebody and make the environment lighter for myself. But whenever I needed focus, I would close my eyes and think of the target of how I would do, how my emotions would be, what is my game plan for the match and everything.

### Focus at the final point

I realised that I was missing because I was losing aggression. When you lose your aggression, you lose your natural way of shooting. I then told myself, I should go hard at the target. That's how I made those last two. I was absolutely focussed on the target, I could see nothing else but the target.

*-Writers group*

### Word Meanings

absolutely	completely and definitely
draped	covered or decorated with cloth
presentations	the act of showing something or giving something to somebody
wrap	to cover something or somebody
target	a result that you try to achieve
aggression	feeling of anger and hatred that may result in threatening or violent behaviour
accomplish	to succeed in doing or completing something

### Reading Comprehension

#### I. Answer the following questions:

1. What is special about Rajyavardhan Singh Rathore winning the silver medal in shooting ?
2. What makes the country feel proud ?

3. Why did he wrap the country's flag around himself at the presentation ?
4. What would he do whenever he needed to focus on the sport ?
5. Why is aggression important in a sport ?

**B. Choose the correct alternative:**

1. The 28<sup>th</sup> Olympic games were held in -  
(a) Sydney (b) Seoul (c) Athens (d) London
2. How did he feel when he received the silver medal -  
(a) absolutely great (b) happy (c) sense of relief (d) sense of pride
3. Whenever I felt that I was getting anxious I would -  
(a) sing a song (b) smile a bit  
(c) think of the target (d) relax, crack a joke & talk to somebody.

**Vocabulary**

Use the words given below in your sentences:

1. Accomplish
2. Aggression
3. Target
4. Draped



**Grammar**

**A. Select the words from the box A and go round the class and ask the questions:**

**Question:** Who knows what Kawardha is famous for?

**Answer:** I know that Kawardha is famous for Bhoramdev Temple.

**(Select your answer from the Box B)**

Box A	Box B
Kawardha (Kabirdham) Champaran Rajim Kutumsar Chitrakoot Bella-Dilla Bhilai Raipur Bastar	Jain temple Bhoramdev mandir caves waterfall Iron-ore steel plant Mana Airport Rajiv Loachan temple Danteshwari temple



Dantewada	Bastar Dashera
Dhamtari	Mahanadi
Sirpur	Sanctuary
Janjgir-Champa	Music and Arts
Kanger Valley	Kosa silk
Khairagarh University	Gangrel Dam

**B. Match the columns 'A' and 'B' and write the sentences as given in the example and underline 'that' clause:**

A	B
Dhanraj Pillai	Football
Anju George	Cricket
Bhaichung Bhutia	Tennis
Mahendra Singh Dhoni	Hockey
Sania Mirza	Chess
Vishwanath Anand	Athletics
Prakash Padukone	Long jump
P.T. Usha	Badminton

**Example:** I know that Sania Mirza is famous for Tennis.

### *Writing*

**A. Some famous games are given below. Identify one famous person who plays the game and explain in a paragraph what you like in that person's game.**

- (i) Tennis,                      (ii) Cricket,                      (iii) Football,  
 (iv) Badminton                (v) Hockey.

**B. Consult the dictionary and find out the part of speech for the following words. The words may belong to more than one part of speech:**

- (i) armyman  
 (ii) shooting  
 (iii) proud  
 (iv) accomplish  
 (v) automatically  
 (vi) right

### *Activity*

**Use the names from the box to complete the information after listening to the passage:**

[See Appendix-1, Lesson-17](#)**Task-1**

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**SANIA MIRZA**

Daughter of	
Grand niece of	
Opponent in Australian open (2005) third round	
Received a cash prize of Rs. 2 Lakhs from	

**Task-2****SANIA'S ACHIEVEMENTS**

Name of events	Year
Won ITK women's singles and doubles	
1 <sup>st</sup> to the 3 <sup>rd</sup> round of Australian open	
Won WTA tour events	

**B. Role play :**

Imagine that one student is a journalist working for a sports magazine. The journalist is interviewing Rajya Vardhan Singh Rathore on the day he won the silver medal in Olympics. The person playing the role of Rathore can answer questions based on the information in the lesson or his/her imagination.

The interviewer may ask questions about his other hobbies, family, practice of shooting, why he took up shooting, his message for the upcoming shooters, his experiences in the army, his feelings when he won the silver in Olympics, preparations for Olympics etc.

**Project**

**Make a list of famous sports persons in your locality and describe why you admire them.**

**Use the following proverb in your sentence. Meaning is given.**

**Proverb**

Better safe than sorry.

**Meaning**

It is wiser to be careful than to take risk.

