

1.1 Songs of Happiness

Study Tour One



When you are Happy

When you are happy
And you know it,
Clap your hands.

When you are happy
And you know it,
Clap your hands.

When you are happy
And you know it,
And you really want to show it,
When you are happy
And you know it,
Clap your hands.

Sing your way home ...

Sing your way home
At the close of the day.
Sing your way home,
Drive the shadows away.

Smile every mile
For wherever you roam,
It will brighten your road,
It will lighten your load,
If you sing your way home.



Sing the first song again using other actions like ‘Sing a song’, ‘Dance around’, ‘Nod your head’, etc. in place of ‘Clap your hands’.

- **Sing your way home** : When you are going back home, sing on the way, be happy.
- **At the close of the day** : At the end of the day, when your work is done.
- **Drive the shadows away** : remove all sad thoughts from your mind
- **roam** : wander, travel
- **brighten your road** : Here, it means ‘make you feel happy and cheerful’.
- **lighten your load** : Here, it means ‘make your worries or problems smaller.’